

NAME/ID _____, DATE _____

	0	1	2	3	4	5	6	7	8	9
Affective-dynamic disturbances (A, ADYN)										
A1 Impaired tolerance to certain stressors (A.8./B.1.) Rating according to I (frequency), VI (effects on performance, behaviour)										
A1.1 Impaired tolerance to unusual, unexpected or specific novel demands (A.8.1./B.1.2.)										
A1.2 Impaired tolerance to certain social everyday situations (A.8.2./B.1.3.)										
A1.3 Impaired tolerance to working under pressure of time or rapidly changing different demands (A.8.3./B.1.4.)										
A2 Change in mood, emotional responsiveness (A.6.1.) Rating according to I (frequency), IV (subjective burden), VI (effects on quality of life), VIII (areas of life)										
A2.1 Change in mood										
A2.2 Change in emotional responsiveness										
A3 Decrease in positive emotional responsiveness towards others (A.6.3.) Rating according to I (frequency), IV (subjective burden), VI (effects on behaviour)										
sum score (of '0' to '6' ratings only):										
Cognitive-Attentional Impediments (B, ATTENT)										
B1 Inability to divide attention (A.8.4.) Rating according to II (frequency), IV (subjective burden), VI (effects on performance)										
B2 Feeling overly distracted by stimuli (C.2.8.) Rating according to II (frequency), IV (subjective burden), VI (effects on performance, behaviour, avoidance)										
B3 Difficulties concentrating (C.1.5.) Rating according to II (frequency), IV (subjective burden), V (coping), VI (effects on performance)										
B4 Difficulties to hold things in mind for less than half an hour (C.1.9.) Rating according to II (frequency), IV (subjective burden), V (coping), VI (effects on performance)										
B5 Slowed-down thinking (C.1.12.) Rating according to II (frequency), IV (subjective burden), V (coping), VI (effects on performance)										
B6 Lack of 'thought energy', purposive thoughts (C.1.13.) Rating according to II (frequency), IV (subjective burden), V (coping), VI (effects on performance)										
sum score (of '0' to '6' ratings only):										

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Cognitive Disturbances (C, COGNIT)											
C1	Increased indecisiveness with regard to insignificant choices between equal alternatives (A.5.) Rating according to II (frequency), IV (subjective burden), VI (effects on behaviour), VIII (areas of life)										
C2	Thought interference (C.1.1.) Rating according to II (frequency), IV (subjective burden), VI (effects on performance)										
C3	Thought blockages (C.1.4.) Rating according to II (frequency), IV (subjective burden), V (coping with it by increasing effort), VI (effects on performance)										
C4	Disturbance of receptive speech (C.1.6.) Rating according to II (frequency), IV (subjective burden), VI (effects on performance, avoidance)										
C5	Disturbance of expressive speech (C.1.7.) Rating according to II (frequency), IV (subjective burden), VI (effects on performance, speaking)										
C6	Disturbance of immediate recall (C.1.8.) Rating according to II (frequency), IV (subjective burden), V (coping), VI (effects on performance)										
sum score (of '0' to '6' ratings only):											
Disturbances in Experiencing the Self and Surroundings (D, SELF)											
D1	Decreased capacity to discriminate between different kinds of emotions (A.6.2.) Rating according to II (frequency), IV (subjective burden)										
D2	Increased emotional reactivity in response to routine social interactions (B.2.2.) Rating according to I (frequency), IV (subjective burden), VI (effects on behaviour, environment)										
D3	Thought pressure (C.1.3.) Rating according to II (frequency), IV (subjective burden), VI (effects on performance)										
D4	Unstable ideas of reference (C.1.17.) Rating according to II (frequency), III (severity), IV (subjective burden), VIII (areas of life)										
D5	Changed perception of the face or body of others (C.2.3.5.) Rating according to II (frequency), III (severity), IV (subjective burden), VI (effects on performance, behaviour)										
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Body Perception Disturbances (E, BODY)											
For all: Rating according to II (frequency), III (severity), IV (subjective burden), VII (consulting a doctor)											
E1	Bodily sensations of numbness and stiffness (D.1.)										
E2	Bodily sensations of pain in a distinct area (D.3.)										
E3	Bodily sensations migrating through the body (D.4.)										
E4	Bodily sensations of being electrified (D.5.)										
E5	Bodily sensations of movement or pressure (D.7.)										
E6	Bodily sensations of body/body parts changing size (D.9.)										
sum score (of '0' to '6' ratings only):											
Perception Disturbances (F, PERCEPT)											
F1	Hypersensitivity to light/optic stimuli (C.2.2.1.) Rating according to II (frequency), IV (subjective burden), V (coping), VI (effects on behaviour, performance)										
F2	Photopsia (C.2.2.2.) Rating according to II (frequency), IV (subjective burden), VI (effects on performance)										
F3	Micropsia, macropsia (C.2.3.2.) Rating according to II (frequency), III (severity), IV (subjective burden), VI (effects on performance, behaviour)										
F4	Hypersensitivity to sounds / noise (C.2.4.1.) Rating according to II (frequency), IV (subjective burden), VI (effects on behaviour and performance)										
F5	Changed intensity/quality of acoustic stimuli (C.2.5.1.) Rating according to II (frequency), III (severity), IV (subjective burden), VI (effects on performance, behaviour)										
F6	Somatopsychic bodily depersonalization (D.1.1.) Rating according to II (frequency), III (severity), IV (subjective burden), VI (effects on performance), VII (consulting a doctor)										
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Optional (O):										
Additional items with a positive predictive value equal or greater 0.70 according to the prospective CER-study (Klosterkötter et al, 2001)										
O1 Thought perseveration (C.1.2.) Rating according to II (frequency), IV (subjective burden), V (coping), VI (effects on performance, behaviour, avoidance)										
O2 Decreased ability to discriminate between ideas and perception, fantasy and true memories (C.1.15.) Rating according to II (frequency), III (severity), IV (subjective burden), V (coping)										
O3 Disturbances of abstract thinking (C.1.16.) Rating according to II (frequency), IV (subjective burden), VI (effects on performance, environment)										
O4 Other visual perception disturbances Rating according to II (frequency), III (severity), IV (subjective burden), VI (effects on performance, behaviour)										
O4.1 Near and tele-vision (C.2.3.1.)										
O4.2 Metamorphopsia (C.2.3.3.)										
O4.3 Changes in colour vision (C.2.3.4.)										
O4.4 Changed perception of patient's own face (C.2.3.6.)										
O4.5 Pseudomovements of optic stimuli (C.2.3.7.)										
O4.6 Diplopia, oblique vision (C.2.3.8.)										
O4.7 Disturbances of the estimation of distances or sizes (C.2.3.9.)										
O4.8 Disturbances of the perception of straight lines/contours (C.2.3.10.)										
O4.9 Maintenance of optic stimuli, 'visual echoes' (C.2.3.12.)										
O4.10 Partial seeing including tubular vision (C.2.1.3.)										
O5 Other acoustic perception disturbances Rating according to II (frequency), III (severity), IV (subjective burden), VI (effects on performance, behaviour)										
O5.1 Acoasms (C.2.4.2.)										
O5.2 Maintenance of acoustic stimuli, 'acoustic echoes' (C.2.5.2.)										
O6 Disturbances of olfactory, gustatory or tactile perception (C.2.6.) Rating according to II (frequency), III (severity), IV (subjective burden), VI (effects on performance, behaviour)										
O7 Captivation of attention by details of the visual field (C.2.9.) Rating according to II (frequency), IV (subjective burden), VI (effects on performance, behaviour, avoidance)										
O8 Derealization (C.2.11.) Rating according to II (frequency), III (severity), IV (subjective burden)										

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O9 Motor interference exceeding simple lack of coordination (C.3.1.) Rating according to II (frequency), IV (subjective burden), VI (effects on performance, behaviour, environment)										
O10 Motor blockages (C.3.2.) Rating according to II (frequency), IV (subjective burden), V (coping), VI (effects on performance, behaviour)										
O11 Loss of automatic skills (C.3.3.) Rating according to II (frequency), IV (subjective burden), V (coping), VI (effects on performance, behaviour), VIII (areas of life)										

Note:

Subsequent numbers in parenthesis refer to the corresponding item numbers in the Bonn Scale for the Assessment of Basic Symptoms (BSABS; Gross et al. 1987).

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